PREPARED FOODS (con't)

Asian Beef Stir Frv

Beef Short Ribs (GF)

Beef Bourgignon (GF)

Beef Stew w/ Vegetables (GF)

Brisket w/ Mushroom Gravy (GF)

w/ Wild Mushroom Ragout (GF)

Brisket w/ BBQ Sauce (GF)

Beef Short Ribs

Grilled Tomahawk Steak ** with Red Wine Reduction (GF) **Beef Chulent** Grilled Fillet Split Steak (GF) Southwestern BBQ

Beef Meatloaf w/Gravy (GF) Beef Lasagna (16oz.)

Italian

Beef Meatballs (GF)

Sweet & Sour Beef Meatballs (GF)

Veal Pot Pie

Veal Piccata

Veal Roast (GF)

Veal Schnitzel

Veal Stew (GF)

Oven Roasted

(feeds 7-10 people)

Pepperoni 🧼

Smoked Turkey

Turkey Pastrami

Roast Beef

Soft Salami

with Honey Roasted Celery

Root & White Wine Reduction

Savory Lamb Stew w/Vegetables (GF)

Shoulder Lamb Roast (GF)

Oven Roasted Semi-Boneless

Whole Leg of Lamb (GF)

Pastrami (House-Cured)

Roasted Turkey Breast

Tongue (House-Cured)

Eggplant Marinara (16oz.)

Prime Rib Roast (GF)

Oak Smoked Salt & Porcini Mushroom Rub Shepherd's Pie (GF) Stuffed Cabbage (GF) with Beef & Rice

Korean

Panko Crusted Baked Veal Chops

French Roast

Oven Roasted Breast of Veal (GF)

Veal Osso Bucco (GF) Veal Marsala (GF)

Braised

Baby Lamb Chops (GF) Shoulder Lamb Chops (GF)

Herb-Crusted Rack of Lamb ** (GF)

DELI MEATS

Bologna Beef lerky (Homemade) Charcuterie Platters Corned Beef (House-Cured) Deli Turkey Hard Salami Honey Roasted Turkey Mexican Turkey 🧼

Yegetarian Options

Beyond Meat® (GF) Mini Stuffed Cabbage (by lb.)

Sausage & Peppers (by lb.)

Spinach & Quinoa Burger (by ea.) Beyond Meat® (GF) Terivaki Tofu Vegetable Dumplings (by lb.) California Burger (by ea.) (GF) Vegetable Lo Mein (by lb.)

CREATE YOUR OWN FISH ENTREE

1 choose your fish and cooking style:

Baked or Grilled

· Bronzino Fillet · Bronzino Whole

Baked / Grilled / Pan-Seared

· Chilean Sea Bass · Halibut Fillet · Cod Fillet

· Fillet of Sole · Barramundi · Tilapia

Baked / Grilled / Poached

· Salmon Fillet · Organic Salmon Fillet

2 choose your topping:

· Citrus Salsa Verde (GF) · Honey & Ginger (GF)

· Panko Crusted Maple Dijon · Roasted Tomato Confit (GF)

· Lemon & Caper Sauce (GF) · Sesame Teriyaki Moroccan Sauce (GF) · Sweet Chili (GF)

Salmon Meathalls (GE)

Poached Salmon Fillet w/ Dill Sauce Panko Crusted

Maple & Dijon Salmon

Terivaki Salmon

Spicy Salmon Kefta 🧼 (GF) Cod Fish Cakes Baked Salmon Cakes (GF)

Homemade Gefilte Fish

• ball shape (by lb.) • loaf shape (by lb.)

Sliced Gefilte Fish Loaf Platter (15 slices w/ carrots & horseradish)

(Serves 8-12) **\$75**

FISH SALADS, SMOKED SALMON, & HERRING

Baked Salmon Salad (80z.) (GF) Herring in Wine (GF) Tuna Salad (80z.) (GF) Whitefish Salad (80z.) (GF)

Herring in Cream(GF) PARVE Herring in Cream (GF) PARVE Park East

Honey Mustard Herring (GF) Honey Mustard Sriracha Herring (GF) Matjes Herring (GF) Schmaltz Herring (GF)

European Smoked Salmon (80z.)

HOMEMADE DIPS. OPREADS & SAUCES (80Z.)

Apple Sauce (GF) Babaganoush (GF) Chimichurri Sauce (GF) Cocktail Sauce (GF) Cranberry Relish (GF) Cream of Spinach Dip (GF) Egg Salad (GF) Egg Avocado Salad (GF) Fresh Guacamole (GF)

Green Schug 🥥 (GF)

Grilled Artichoke Dip (GF) Hummus (GF) Matbucha 🍑 (GF) Olive Tapenade (GF) Sundried Tomato Tapenade (GF) Tahina (GF) Tahina & Eggplant Layers (14oz.) Tamarind Sauce (GF) Vegetarian Chopped Liver (GF)



{BETWEEN 89TH AND 90TH}

SINCE 1962

ROSH HASHANAH

2025

PARK EAST

1733 1ST AVE NEW YORK, NY 10128

212.737.9800 E



Local delivery to:

LONG ISLAND | WESTCHESTER | NEW JERSEY | CONNECTICUT **National delivery through National couriers**

All regular orders will be taken until quota is met.







STORE HOURS - SEPT/OCT 2025

Rosh Hashanah

8 am - 7:30 pm 8 am - 7:30 pm - LAST DAY TO SEND UPS Wednesday Thursday 8 am - 9:00 pm 9/19 6 am - 4:00 pm Friday 9/21 Sunday 7 am - 8:00 pm 9/22 Monday 6 am - 4 pm - EREV ROSH HASHANA 9/23 CLOSED - ROSH HASHANA Tuesday 9/24 CLOSED - ROSH HASHANA Wednesday 9/25 Thursday 8 am - 9:00 pm 9/26 Friday 6 am - 4:00 pm 9/28 Sunday 8 am - 5:00 pm

8 am - 8:00 pm

8 am - 8:00 pm

Monday

Tuesday

6 am - 3pm - EREV YOM KIPPUR 10/2 Thursday CLOSED - YOM KIPPUR 10/3 Friday 6 am - 4:00 pm 10/5 Sunday 8 am - 5:00 pm

SUKKOT

9/29

9/30

Monday 7 am - 4:00 pm SHARP - EREV SUKKOT 10/7 CLOSED - SUKKOT Tuesday 10/8 CLOSED - SUKKOT Wednesday 10/9 Thursday 8 am - 9:00 pm 10/10 Friday 6 am - 4:00 pm Sunday 10/12 8 am - 6:00 pm 10/13 Monday 7 am - 4:00 pm CLOSED - SHEMINI ATZERET 10/14 Tuesday 10/15 Wednesday CLOSED - SIMCHAT TORAH 10/16 Thursday 8 am - 9:00 pm

RAW MEATS

NEW ARRIVAL!

VAGYU BEEF

BASED ON

AVAILABILITY

PARK EAST —KOSHER—

USDA PRIME

BEFF

Reserve yours

today!

Beef Kabobs Beef Marrow Bones MASTER **Beef Short Ribs Beef Spare Ribs** BUTCHERS Brisket First OR Second Cut

Chuck Roast Club Steak Cowboy Steak Delmonico Steak

Fillet Eye Steak Fillet Split Flanken Frankfurters

Ground Beef Ground Center Cut Chuck

Breast of Veal Calves Feet Calves Liver **Ground Veal** Shoulder Veal Roast

Rack of Veal Sweet Bread Veal Chops First OR Center Cut

Veal Cubed **Veal Cutlets Veal Medallions**

Veal Ossobucco **Veal Patties Veal Shin**

All Natural

Whole Chickens (broiler or pullet size)

Chicken Cutlets (regular or thinly pounded)

Dark Chicken Cutlets **Ground Chicken**

(white, dark, or blend)

Chicken Livers Chicken Feet

Capons

Cornish Hens

Ground Beef

House-Cured Corned Beef

House-Cured Pastrami

Ground Center Cut Chuck

Hamburger Patties

(plain or seasoned)

Hanger Steak

Minute Steak

Oxtails

Rib Roast

Shell Roast

Skirt Steak

Shoulder Steak

Silver Tip Roast

Tomahawk Steak

LAMB

Baby Lamb Chops

Boneless Lamb Roast

Lamb Crown Roast

Lamb Shanks Semi-Boneless

and Tied with Fresh Rosemary

Lamb Kabobs

Lamb Patties

Ground Lamb

Lamb Riblets

Lamb Shanks

Lamb Stew

Rack of Lamb

Baby Hens

Duck Whole

(Frenched optional)

Shoulder Lamb Chops

Semi-Boneless Leg of Lamb

Top of the Rib

Beef Kibbe (dozen)

Beef Moroccan Cigars (dozen)

Bourekas (Beef OR Lamb) (6 pcs/pkg)

Bourekas (bv the lb.)

Choice of Potato, Spinach, OR Mushroom

Chopped Liver (by the lb.) (GF)

Deli Roll (by the lb.) OR Mini Deli Rolls (6 pcs/pkg)

Dumplings: (by the lb.) Choice of: · Beef · Chicken · Vegetable Empanadas (dozen)

Choice of: • Beef • Spicy Beef → • BBQ Brisket • Chicken

Gefilte Fish (by the lb.) available by Ball or Loaf

Lachmagine (10 pcs)

Mushroom Kibbe (dozen)

Mini Franks in Blankets (8 pcs/pkg) - also available without Sesame

Mini Stuffed Cabbage (by the lb.) (GF)

Polish Kielbasa in a Blanket (by the lb.)

Mini Stuffed Mushrooms w/ Veggies (12 pcs w/ spicy mayo →) Quinoa Fritters (12 pcs w/ spicy mayo)

(2)/DES (Sold by the lb.)

Broccolini w/ Carrots (GF) Broccoli w/ Roasted Garlic (GF)

Broccoli (GF)

& Butternut Squash Medley

Carrot Tzimmes (GF)

French String Beans (GF) Almondine or Roasted Garlic

Grilled Vegetables (GF) Honey Glazed Carrots (GF) Kasha & Bowties

Musakhan

Roasted Cauliflower (GF) w/ Chickpeas, Za'atar & Sumac. Mushroom Barley

POTATO SELECTIONS: (GF)

- Crispy Smashed Potatoes
- Honey Glazed Sweet Potatoes
- Mashed
 Oven Roasted

RICE SELECTIONS: (GF)

- · Basmati White Rice
- Oriental Stir Fried Rice
- Rice Pilaf w/ Dried Fruit

Spanish Rice

Pomegranate

Roasted Root Vegetables (GF)

Ratatouille

Roasted Brussels Sprouts (GF) Roasted Butternut Squash (GF) Sauteed Spinach (GF)

Sauteed

Mixed Vegetables (GF)

Mini Knishes: BBQ Pulled Brisket, Beef, Broccoli, Kasha, **6pcs/**one flavor per pkg Mushroom, Potato, Spinach, or Sweet Potato

individual

Large Knishes: Beef, Broccoli, Kasha, Mushroom, Potato, or Spinach.

Sovfflés & Kugels

Kugels: feeds 3-4 people Soufflés: (GF)

feeds 3-4 people

NEW! Roasted Cherry Tomato & Basil, Broccoli, Butternut Squash, Corn, Mushroom, Spinach, and Sweet Potato.

PREPARED FOODS

(Sold by the quart (32oz.), unless noted by pkg size) *

Beef Barley Soup Borscht w/ Beef Kreplach Broccoli & Spinach Soup (GF) Butternut Squash Soup (GF) Carrot Ginger Soup (GF) Chicken Consommé with Vegetables Chicken in the Pot w/ Noodles Chicken in the Pot (NO Noodles) (GF)

Fruit Compote (GF) Family Matzo Ball Soup (64oz.)*

SOUP ADDITIONS:

Beef Kreplach (dozen) Chicken Kreplach (dozen) Matzo Balls (6 pcs/pkg) Mini Matzo Balls (12 pcs/pkg) Cooked Fine Noodles (by the Pint)

Lentil Soup (GF) Tomato Basil Soup (GF) Mushroom & Barley Soup Personal Matzo Ball Soup Potato Leek Soup (GF) Split Pea Soup (GF) Wild Mushroom Soup (GF) Hearty Vegetable Soup (GF) Vegetable Soup (GF)

French Onion Soup (Parve)

BROTHS & STOCKS: (GF)

- Beef
- Chicken • Fish (Parve)
- Veal
- Vegetable

(Sold by the pound, unless noted by pkg size)

Asian Kohlrabi Slaw with Apples & Pomegranate (14oz.)

Artichoke Salad (GF)

Beet & Apple Salad (GF) Beet & Onion Salad (16oz.) (GF)

Broccoli Salad (GF) (NUTS) with Cashews & Cranberries (14oz.)

Cabbage Salad (14oz.) (GF)

Red Cabbage Salad (80z.) (GF) Carrot Raisin Salad (80z.) (GF)

Traditional (GF) Chicken Salad w/ Apples (80z.)

Pomegranate

Chicken Salad (80z.) (GF) Honey Mustard (GF)

Chicken Salad w/ Grapes (80z.) Chickpea Salad (GF)

Cherry Tomato Salad (GF) Cole Slaw (GF)

Cole Slaw - NO SUGAR ADDED (GF)

Cucumber Salad (16oz.) (GF) Eggplant Caponata Eggplant Salad

Farro Salad w/ Cranberries and Butternut Sauash (14oz.)

Fresh Fruit Salad (14oz.) (GF)

Health Salad (GF)

Hearts of Palm Salad (GF)

Israeli Couscous

Israeli Tomato Salad (GF)

Mediterranean Eggplant (GF) Moroccan Beet Salad (16oz.) (GF)

Moroccan

Carrot Salad (14oz.) (GF)

Organic Black Lentil (GF) and Mango Salad (14oz.)

Potato Salad (GF) Quinoa Salad (GF)

Quinoa Tabbouleh (GF) with Pomegranate (14oz.)

Roasted Mushroom Salad (GF) Tabbouleh (14oz.)

Three Bean Salad (16oz.) (GF)

Italian or Sweet & Sour Chicken Meatballs (GF)

Chicken Schnitzels

General Tso's Chicken Grilled Chicken Cutlets (White Meat) (GF)

Herb-Grilled Chicken Cutlets (White Meat) (GF) Oriental Chicken with Vegetables

Chicken Fingers: (sold by the lb)

· Cornflake · Original Breaded Everything · Pretzel

Southern Fried Chicken: (sold by the lb)

· Mexican 🧈

ZE FRESH S

· Whole cut in 1/4's or 1/8's · White Meat · Dark Meat

Baby Hens: (sold by the piece)

- Oven Roasted (GF)
- Stuffed with Apples & Challah

Whole Chicken: (sold by the lb)

- Oven Roasted (GF)
- Apple Glazed Oven Roasted (GF)

French Breast Chicken: (White Meat): (sold by the lb)

- Apple, Pomegranate & Date (GF)
- Apricot (GF) Marsala (GF) Piccata (GF)

Stuffed Chicken Breast: (White Meat): (sold by the piece)

- with Apples & Challah
- with Grilled Vegetables (GF)
- with Ouinoa & Dates (GF)
- with Spinach & Rice with Green Peas

Dark Chicken Cutlets: (Pergiot): (sold by the lb)

- Flame-Grilled (GF) Citrus-Glazed (GF)
- Marbella with white wine, prunes, and green olives.
- Pesto (GF)

Turkey:

- Oven Roasted Turkey (1/2 or Whole) (GF)
- Oven Roasted Turkey Breast (GF) (Available Boneless or Bone-in)
- Turkey Meatballs (Italian) (GF)
- Turkey Meatballs (Sweet & Sour) (GF)
- Turkey Meatloaf (GF)



- Honey Apple Glazed Duck (Whole) (GF)
- Seasoned Oven Roasted Duck (Whole) (GF)
- Duck a L'orange (Whole) (GF)

prepared food continued on back >

S **LET US COOK** YOUR TURKEY!

- All Natural Whole Fresh Turkey Organic
 - **Ground Turkey** (white, dark, or blend)

(white, dark, or blend)

Boneless Turkey Roast

Whole Fresh Turkey

NEW! Apple, Date & Honey Noodle Kugel, Potato, Sweet Noodle, or Yerushalmi.

SALAD BOWLS FOR 10 PEOPLE

Autumn Spinach Salad • Caesar Salad • Chopped Salad Garden Salad
 House Salad
 Waldorf Salad