

RAW MEATS

PRIME BEEF

Beef Kabobs	House-Cured Corned Beef
Beef Marrow Bones	House-Cured Pastrami
Beef Short Ribs	Ground Beef
Beef Spare Ribs	Ground
Beef Tallow	Center Cut Chuck
Brisket <i>First OR Second Cut</i>	Hamburger Patties <i>(plain or seasoned)</i>
Chuck Roast	Hanger Steak
Club Steak	Minute Steak
Cowboy Steak	Oxtails
Delmonico Steak	Rib Roast
Fillet Eye Steak	Shell Roast
Fillet Split	Shoulder Steak
Flanken	Silver Tip Roast
Frankfurters	Skirt Steak
Ground Beef	Tomahawk Steak
Ground Center Cut Chuck	Top of the Rib



VEAL

Breast of Veal	Baby Lamb Chops
Calves Feet	Lamb Kabobs
Calves Liver	Lamb Patties
Ground Veal	Boneless Lamb Roast
Rack of Veal	Ground Lamb
Shoulder Veal Roast	Lamb Crown Roast
Sweet Bread	Lamb Riblets
Veal Chops <i>First OR Center Cut</i>	Lamb Shanks
Veal Cubed	Lamb Shanks
Veal Cutlets	<i>Semi-Boneless and Tied with Fresh Rosemary</i>
Veal Medallions	Lamb Stew
Veal Ossobucco	Rack of Lamb <i>(Frenched optional)</i>
Veal Patties	Shoulder Lamb Chops
Veal Shin	



POULTRY

<i>All Natural</i> Whole Chickens <i>(broiler or pullet size)</i>	Baby Hens
Chicken Cutlets <i>(regular or thinly pounded)</i>	Cornish Hens
Dark Chicken Cutlets	Capons
Ground Chicken <i>(white, dark, or blend)</i>	Duck Whole
Chicken Hearts NEW!	<i>All Natural</i> Whole Fresh Turkey
Chicken Livers	Ground Turkey <i>(white, dark, or blend)</i>
Chicken Feet	Boneless Turkey Roast <i>(white, dark, or blend)</i>



PREPARED FOODS

SOUPS

(Sold by the quart (32oz.), unless noted by pkg size) *

Beef Barley Soup	French Onion Soup <i>(Parve)</i>
Borscht w/ Beef Kreplach	Lentil Soup (GF)
Butternut Squash Soup (GF)	Tomato Basil Soup (GF)
Carrot Ginger Soup (GF)	Mushroom & Barley Soup
Chicken Consommé <i>with Vegetables</i>	Personal Matzo Ball Soup
Chicken in the Pot w/ Noodles	Potato Leek Soup (GF)
Chicken in the Pot (NO Noodles) (GF)	Split Pea Soup (GF)
Fruit Compote (GF)	Wild Mushroom Soup (GF)
Family Matzo Ball Soup <i>(64oz.)</i> *	Vegetable Soup (GF)

SOUP ADDITIONS:

Beef Kreplach (dozen)
Chicken Kreplach (dozen)
Matzo Balls (6 pcs/pkg)
Mini Matzo Balls (12 pcs/pkg)
Cooked Fine Noodles *(by the Pint)*

BROTHS & STOCKS: **(GF)**

- Beef
- Chicken
- Fish *(Parve)*
- Veal
- Vegetable

SALADS

(Sold by the pound, unless noted by pkg size)

Asian Kohlrabi Slaw <i>with Apples & Pomegranate</i> (14oz.)	Farro Salad w/ Cranberries <i>and Butternut Squash</i> (14oz.)
Artichoke Salad (GF)	Fresh Fruit Salad (14oz.) (GF)
Beet & Apple Salad (GF)	Health Salad (GF)
Beet & Onion Salad (16oz.) (GF)	Hearts of Palm Salad (GF)
Broccoli Salad (GF) (NUTS) <i>with Cashews & Cranberries</i> (14oz.)	Israeli Couscous
Cabbage Salad (14oz.) (GF)	Israeli Tomato Salad (GF)
Red Cabbage Salad (8oz.) (GF)	Mediterranean Eggplant (GF)
Carrot Raisin Salad (8oz.) (GF)	Moroccan Beet Salad (16oz.) (GF)
<i>Traditional</i> (GF) Chicken Salad w/ Apples (8oz.)	<i>Moroccan</i> Carrot Salad (14oz.) (GF)
<i>Pomegranate</i> Chicken Salad (8oz.) (GF)	Organic Black Lentil (GF) <i>and Mango Salad</i> (14oz.)
<i>Honey Mustard</i> (GF) Chicken Salad w/ Grapes (8oz.)	Potato Salad (GF)
Chickpea Salad (GF)	Quinoa Salad (GF)
Cherry Tomato Salad (GF)	Quinoa Tabbouleh (GF) <i>with Pomegranate</i> (14oz.)
Cole Slaw (GF)	Roasted Mushroom Salad (GF)
Cole Slaw - NO SUGAR ADDED (GF)	Tabbouleh (14oz.)
Cucumber Salad (16oz.) (GF)	Three Bean Salad (16oz.) (GF)
Eggplant Caponata	
Eggplant Salad	

SALAD BOWLS FOR 10 PEOPLE

- Autumn Spinach Salad • Caesar Salad • Chopped Salad
- Garden Salad • House Salad • Waldorf Salad

APPETIZERS

Beef Kibbe <i>(dozen)</i>
Beef Moroccan Cigars <i>(dozen)</i> 🍷
Bourekas (Beef <u>OR</u> Lamb) (6 pcs/pkg)
Bourekas <i>(by the lb.)</i>
<i>Choice of Potato, Spinach, OR Mushroom</i>
Chopped Liver <i>(by the lb.)</i> (GF)
Deli Roll <i>(by the lb.)</i> <u>OR</u> Mini Deli Rolls (6 pcs/pkg)
Dumplings: <i>(by the lb.)</i> <i>Choice of:</i> • Beef • Chicken • Vegetable
Emanadas (dozen)
<i>Choice of:</i> • Beef • Spicy Beef 🍷 • BBQ Brisket • Chicken
Gefilte Fish <i>(by the lb.)</i> available by Ball or Loaf
Lachmagine (10 pcs)
Mushroom Kibbe <i>(dozen)</i>
Mini Franks in Blankets (8 pcs/pkg) - also available without Sesame
Mini Stuffed Cabbage <i>(by the lb.)</i> (GF)
Polish Kielbasa in a Blanket <i>(by the lb.)</i>
Mini Stuffed Mushrooms w/ Veggies (12 pcs w/ spicy mayo 🍷)
Quinoa Fritters (12 pcs w/ spicy mayo 🍷)

SIDES

(Sold by the lb.)

Broccoli w/ Carrots (GF)	POTATO SELECTIONS: (GF)
Broccoli w/ Roasted Garlic (GF)	• Crispy Smashed Potatoes
Broccoli (GF)	• Honey Glazed Sweet Potatoes
& Butternut Squash Medley	• Mashed • Oven Roasted
Carrot Tzimmers (GF)	RICE SELECTIONS: (GF)
French String Beans (GF)	• Basmati White Rice
<i>Almondine or Roasted Garlic</i>	• Oriental Stir Fried Rice
Grilled Vegetables (GF)	• Rice Pilaf w/ Dried Fruit
Honey Glazed Carrots (GF)	• Spanish Rice
Kasha & Bowties	<i>Pomegranate</i> Roasted Root Vegetables (GF)
<i>Musakhan</i> Roasted Cauliflower (GF) w/ Chickpeas, Za'atar & Sumac.	Ratatouille
Mushroom Barley	Roasted Butternut Squash (GF)
	Sauteed Spinach (GF)
	<i>Sauteed</i> Mixed Vegetables (GF)

KNISHES

Mini Knishes: BBQ Pulled Brisket, Beef, Broccoli, Kasha, 6pcs/one flavor per pkg Mushroom, Potato, Spinach, or Sweet Potato

Large Knishes: Beef, Broccoli, Kasha, Mushroom, individual Potato, or Spinach.

SOUFFLÉS & KUGELS

Kugels: feeds 3-4 people	NEW! Apple, Date & Honey Noodle Kugel, Potato, Sweet Noodle, or Yerushalmi.
Soufflés: (GF) feeds 3-4 people	NEW! Roasted Cherry Tomato & Basil, Broccoli, Butternut Squash, Corn, Mushroom, Spinach, and Sweet Potato.

POULTRY

Italian or *Sweet & Sour*
Chicken Meatballs **(GF)**

Chicken Schnitzels
General Tso's Chicken 🍷
Grilled Chicken Cutlets *(White Meat)* **(GF)**
Herb-Grilled Chicken Cutlets *(White Meat)* **(GF)**
Oriental Chicken *with Vegetables*

Chicken Fingers: *(sold by the lb)*

- Cornflake
- Original Breaded
- Mexican 🍷
- Everything
- Pretzel

Southern Fried Chicken: *(sold by the lb)*

- Whole cut in 1/4's or 1/8's
- White Meat
- Dark Meat

Baby Hens: *(sold by the piece)*

- Oven Roasted **(GF)**
- Stuffed with Apples & Challah

Whole Chicken: *(sold by the lb)*

- Oven Roasted **(GF)**
- Apple Glazed Oven Roasted **(GF)**

Chicken Breast: *(White Meat): (sold by the lb)*

- Apple, Pomegranate & Date **(GF)**
- Apricot **(GF)**
- Marsala **(GF)**
- Piccata **(GF)**

Stuffed Chicken Breast: *(White Meat): (sold by the piece)*

- with Apples & Challah
- with Grilled Vegetables **(GF)**
- with Quinoa & Dates **(GF)**
- with Spinach & Rice with Green Peas

Dark Chicken Cutlets: *(Pergiot): (sold by the lb)*

- Flame-Grilled **(GF)**
- Citrus-Glazed **(GF)**
- Marbella
with white wine, prunes, and green olives.
- Pesto **(GF)**

TURKEY:

- Oven Roasted Turkey *(1/2 or Whole)* **(GF)**
- Oven Roasted Turkey Breast **(GF)**
(Available Boneless or Bone-in)
- Turkey Meatballs *(Italian)* **(GF)**
- Turkey Meatballs *(Sweet & Sour)* **(GF)**
- Turkey Meatloaf **(GF)**

Duck: *(sold by the piece)*

- Honey Apple Glazed Duck *(Whole)* **(GF)**
- Seasoned Oven Roasted Duck *(Whole)* **(GF)**
- Duck a L'orange *(Whole)* **(GF)**

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